



# TAEKWONDO AUSTRALIA NSW INC

## 2010 WINTER OPEN



### INFORMATION

- Hosted by:** Taekwondo Australia NSW Inc.
- Competition Date:** Sunday, 1<sup>st</sup> August 2010
- Competition Venue:** SYDNEY OLYMPIC PARK SPORTS CENTRE  
OLYMPIC BOULEVARDE  
HOMEBUSH BAY
- Tournament Rules:** WTF Competition Rules
- Closing Date:** Wednesday 21<sup>st</sup> July 2010, Late or incomplete entries will not be accepted.
- Registration:** **Alex An**  
NSW Treasurer  
P O Box 84  
STRATHFIELD SOUTH NSW 2136

**Any competitor not registered and insured before the closing date for entries will not be eligible to compete.**

- Registration Fees:**
- |                               |  |
|-------------------------------|--|
| Sparring:                     | \$50.00  |
| Muyae (technical) individual: | \$35.00  |
| Poomsae Team events:          | \$20.00 per person                                     |
| Speed Kyupka: (Breaking):     | \$50.00 (includes \$35 registration + \$15 for boards) |
| Power Breaking:               | \$35.00 registration + \$3.00 per tile                 |

**Competitors in each club to submit registration forms and fees to their head instructor. Head Instructors to then forward application forms and a single cheque, or money order (payable to "Taekwondo Australia NSW Inc") to the address shown above, for their club.** Please include head instructor's details and those of the club. (No cash please)

- Enquires:** **Matt Vale**  
NSW Tournament Director  
Mobile: 0410 816 836  
E-mail: [matt@tkdns.org.au](mailto:matt@tkdns.org.au)

- Weigh In :** You have the option of attending one of two weigh in sessions

**Saturday 31st July – 4:00pm → 5:00pm**

Master Yang's Dojang  
73 Lakemba St Belmore

**Sunday 1st August - 7:30am → 8.45am**

At the competition venue

**Competitors must present their current Taekwondo Australia Inc. membership card** when registering. International competitors must provide proof of insurance. For Sparring Competitors – minimum acceptable dress during weigh in will be T-shirt and shorts with a 0.5kg allowance.

Players not meeting their stipulated weight category will not be permitted to compete, please ensure weight recorded on the application form is correct.

- Coaches:** All coaches to hold current Level 1 or Level 2 coaching accreditation. Only coaches wearing their coach identification will be permitted to coach. (Please ensure that you provide a sufficient number of qualified coaches to avoid the possibility of your players being disqualified)

**Competition Draw:** A full list of competitors will be posted on the Internet prior to the competition at [www.tkdns.org.au](http://www.tkdns.org.au) on Sunday night 25<sup>th</sup> July 2010, and will be updated daily according to player and coach feedback.  
 Questions or issues relating to the draw should be submitted by e-mail to [matt@tkdns.org.au](mailto:matt@tkdns.org.au) and will be considered if received before 5.00 PM on Thursday 29<sup>th</sup> July 2010.

**There will be no variation to the draw on the day of the tournament.**

**Awards:** Trophies for first and second places.

**Protectors:** Competitors must wear own Chest, Groin, Shin, Arm, Mouth and Head Guards  
**Body Covers must be the solid colour style. The old style with coloured rectangles or circles on a white background will no longer be allowed.**  
 Competitors are allowed to wear instep protectors.  
 Gloves are recommended but not compulsory.

**Liability:** All participants in the tournament take part at their own risk. The organizer can under no circumstances be held responsible for any damages, injuries or loss to individuals or equipment.

**Insurance:** Period of Insurance: 1<sup>st</sup> February 2010 to 31<sup>st</sup> January 2011.  
 By cheque payable to "Taekwondo Australia Inc" and insurance applications together mail to the Taekwondo Australia Admin Office.

**Spectator Fees:** Adults: \$10 (includes program), Children: \$5, Under 6: Free,  
Family (2 Adults and 2 Children): \$20 (includes program)

**Competition Schedule:** 1<sup>st</sup> August 2010

Officials arrive	7:30 am
Muyae (Technical) Yellow Belts Competition Starts	8:30 am
Kyorugi Under 14 years Yellow Belts Competition Starts	9:00 am
Kyorugi 14 years & Over Competition Starts approx	11:30 am

**Age Divisions:** **Male & Female Coloured and Black Belts:**  
 \*Aged 6&7, 8&9, 10&11 and 12&13, (All four Divisions no Head kicks)

**Please note that player age is determined by the YEAR of birth.**  
**For example if a player turns 10 ANY time this year, they must enter competition as a 10 year old, even if they have not yet turned 10.**

**Note: Kicks delivered to the head for 13 and under age divisions will result in one of the following, as determined by the referee:**

- \* a half point deduction
- \* a full point deduction, or
- \* disqualification

**Age Table**

Year	2004	2003	2002	2001	2000	1999	1998	1997	1996	1995	1994	1993	1992	1979
Age	6	7	8	9	10	11	12	13	14	15	16	17	18	31

**Weight Divisions:** **Weight divisions may change depending on entries received.**

**Sparring Points:** As per the WTF regulations updated June 2009.  
 1 point for valid attack on the trunk protector  
 2 points for a valid "turning attack" to the trunk protector (back kick or 360 turning kick)  
 3 points for valid attack to the head (for competitors 14 years and over)



# TAEKWONDO AUSTRALIA NSW INC

## 2010 WINTER OPEN

### Kyorugi (Sparring)



First Name : .....Last Name:.....

Date of Birth: .....  Male  Female

Home Phone No:(.....)..... Mobile .....

Address: .....

..... State:..... Post Code:.....

TAI Registration No: .....

**AGE DIVISION** (as at 31/12/10)

6/7 years  8/9 years  10/11 years  12/13 years

14/15 years  16/17 years  Open (15 years & Over)  31 years & Over

**BELT DIVISION**  Yellow  Blue  Red (including Cho Dan Bo)  Black

**CURRENT WEIGHT:** ..... kg **WEIGHT DIVISION** *Circle applicable section only* ○

**MALE / FEMALE UNDER 14 YEARS**

Over (kg) 19 22 25 28 31 34 38 42 46 50 55 60 65 70  
 Not exceeding (kg) 19 22 25 28 31 34 38 42 46 50 55 60 65 70

**MALE 14-17 YEARS**

Over (kg) 45 48 51 55 59 63 68 73 78  
 Not exceeding (kg) 45 48 51 55 59 63 68 73 78

**FEMALE 14-17 YEARS**

Over (kg) 42 44 46 49 52 55 59 63 68  
 Not exceeding (kg) 42 44 46 49 52 55 59 63 68

**MALE 15 YEARS & OVER**

Over (kg) 54 58 63 68 74 80 87  
 Not exceeding (kg) 54 58 63 68 74 80 87

**FEMALE 15 YEARS & OVER**

Over (kg) 46 49 53 57 62 67 73  
 Not exceeding (kg) 46 49 53 57 62 67 73

Signature.....Applicant/Parent/Legal Guardian

**Head Instructor Verification**

I, ..... as instructor for this student have checked this application and believe the information specified to be true and correct. I acknowledge that the student will be disqualified if weight requirements are not met, or if any other specified information proves incorrect. I am a currently registered HEAD INSTRUCTOR of Taekwondo Australia Inc.

Name of TKD Club: .....

Signed ..... TAI Registration No. ....Date .....



# TAEKWONDO AUSTRALIA NSW INC

## 2010 WINTER OPEN

### Muyae (Technical)



First Name : ..... Last Name:.....

Date of Birth: .....  Male  Female

Home Phone No:(.....)..... Mobile .....

Address: .....

..... State:..... Post Code:.....

TAI Registration No: ..... Current Belt Level:.....Gup or .....Dan

Applicant/Parent/Legal Guardian Signature: .....

Head Instructor (Name): ..... Tel: .....

I confirm that I am a currently registered HEAD INSTRUCTOR of Taekwondo Australia Inc and comply with Taekwondo Australia's policy of full registration of all students.

Name of TKD Club: ..... Head Instructor Signature: .....

#### All ages are as at 31<sup>st</sup> December 2010

Year	2004	2003	2002	2001	2000	1999	1998	1997	1996	1995	1994	1993	1992	1979	1969
Age	6	7	8	9	10	11	12	13	14	15	16	17	18	31	41

<input type="checkbox"/> <b>INDIVIDUAL TAEGUEK POOMSAE</b>											
<input type="checkbox"/> Under 6	<input type="checkbox"/> 6 - 7	<input type="checkbox"/> 8 - 9	<input type="checkbox"/> 10-11	<input type="checkbox"/> 12 - 13	<input type="checkbox"/> 14 - 17	<input type="checkbox"/> 18 - 30					
						<input type="checkbox"/> 31 - 40	<input type="checkbox"/> 41-50	<input type="checkbox"/> 51 &over			
Belt		Compulsory		Belt		Compulsory		Belt		Compulsory	
<input type="checkbox"/> 8-9 <sup>th</sup> Gup		IL (1) Jang		<input type="checkbox"/> 4 <sup>th</sup> Gup		Sa(4), Oh(5)Jang		<input type="checkbox"/> 1 <sup>st</sup> Dan		Pal(8) Jang, Koryo	
<input type="checkbox"/> 7 <sup>th</sup> Gup		IL(1), Ee(2) Jang		<input type="checkbox"/> 3 <sup>rd</sup> Gup		Oh(5), Yuk(6)Jang		<input type="checkbox"/> 2 <sup>nd</sup> Dan		Koryo, Keumgang	
<input type="checkbox"/> 6 <sup>th</sup> Gup		Ee(2), Sam(3) Jang		<input type="checkbox"/> 2 <sup>nd</sup> Gup		Yuk(6), Chil(7)Jang		<input type="checkbox"/> 3 <sup>rd</sup> Dan		Keumgang, Taeback	
<input type="checkbox"/> 5 <sup>th</sup> Gup		Sam(3), Sa(4) Jang		<input type="checkbox"/> 1 <sup>st</sup> Gup		Chil(7), Pal(8) Jang		<input type="checkbox"/> 4 <sup>th</sup> Dan		Taeback, Pyoungwon	
NOTE – The nominated patterns for each rank are the patterns to be performed. There are no optional patterns.								<input type="checkbox"/> 5 <sup>th</sup> Dan		Pyoungwon, Shipjin	
								<input type="checkbox"/> 6 <sup>th</sup> Dan		Shipjin, Jitae	
								<input type="checkbox"/> 7 <sup>th</sup> Dan		Jitae, Chonkwon	

<input type="checkbox"/> <b>CREATIVE INDIVIDUAL POOMSAE</b>			<input type="checkbox"/> <b>CREATIVE POOMSAE TO MUSIC (INDIVIDUAL)</b>			
<b>Age Division for Creative Poomsae</b>	<input type="checkbox"/> Under 8	<input type="checkbox"/> 8-10	<input type="checkbox"/> 11-13	<input type="checkbox"/> 14 - 17	<input type="checkbox"/> 18 - 30	<input type="checkbox"/> 31 and over
<b>Belt Division</b>	<input type="checkbox"/> Yellow		<input type="checkbox"/> Blue		<input type="checkbox"/> Red	<input type="checkbox"/> Black

NOTE – Creative Poomsae MUST include more than 75% of routine as Taekwondo movements.

<input type="checkbox"/> <b>SPEED KYUKPA (Creative Board Breaking)</b>				Required Maximum of 5 strikes applies			
<b>Belt Division</b>	<input type="checkbox"/> Yellow	<input type="checkbox"/> Blue		<input type="checkbox"/> Red		<input type="checkbox"/> Black	
<b>Age Division</b>	<input type="checkbox"/> Under 11	<input type="checkbox"/> 11 - 13	<input type="checkbox"/> 14 - 17	<input type="checkbox"/> 18 - 30	<input type="checkbox"/> 31 - 40	<input type="checkbox"/> 41 - 50	<input type="checkbox"/> 51 & over
To enforce standards (board thickness and size) across the divisions - Taekwondo NSW will provide all wood for kypka @ \$3 per board.							

<input type="checkbox"/> <b>PAIR POOMSAE</b> Full Dobok, No music	<input type="checkbox"/> <b>Male</b> <input type="checkbox"/> <b>Female</b> <input type="checkbox"/> <b>Mixed</b>	<input type="checkbox"/> <b>Yellow</b> <input type="checkbox"/> <b>Blue</b> <input type="checkbox"/> <b>Red</b> <input type="checkbox"/> <b>Black</b>	<b>Team Name:</b>  <b>Team Captain:</b>	<b>Selected Poomsae:</b>  (Taegeuk and Black belt Patterns.)
<input type="checkbox"/> <b>TEAM POOMSAE</b> Full Dobok, No music	<input type="checkbox"/> <b>Male</b> <input type="checkbox"/> <b>Female</b> <input type="checkbox"/> <b>Mixed</b>	<input type="checkbox"/> <b>Yellow</b> <input type="checkbox"/> <b>Blue</b> <input type="checkbox"/> <b>Red</b> <input type="checkbox"/> <b>Black</b>	<b>Team Name:</b>  <b>Team Captain:</b>  <b>Number of People:</b>	<b>Selected Poomsae:</b>  (Taegeuk and Black belt Patterns.)
<input type="checkbox"/> <b>FAMILY POOMSAE</b> Full Dobok, No music	Family teams may include siblings, children, parents and/or grandparents only.	Allow male and female combined, with all rank levels and ages	<b>Team Name:</b>  <b>Team Captain:</b>  <b>Number of People:</b>	<b>Selected Poomsae:</b>  (Taegeuk and Black belt Patterns.)
<input type="checkbox"/> <b>TEAM CREATIVE POOMSAE</b> Dobok pants (minimum dress), No music	Maximum time limit 2 minutes. More than 75% of routine must be taekwondo movements.	Allow male and female combined, with all rank levels and ages	<b>Team Name:</b>  <b>Team Captain:</b>  <b>Number of People:</b>	
<input type="checkbox"/> <b>TEAM CREATIVE POOMSAE TO MUSIC</b> Dobok pants (minimum dress),	Maximum time limit 2 minutes. More than 75% of routine must be taekwondo movements.	Allow male and female combined, with all rank levels and ages	<b>Team Name:</b>  <b>Team Captain:</b>  <b>Number of People:</b>	

EACH PARTICIPANT MUST FILL THE APPLICATION FORM AND DECLARATION.

<input type="checkbox"/> <b>POWER BREAKING</b>	<b>Black belts only</b>	<input type="checkbox"/> <b>Fist</b>	<input type="checkbox"/> <b>MALE</b>
		<input type="checkbox"/> <b>Knife Hand</b>	<input type="checkbox"/> <b>FEMALE</b>
<b>Weight Division</b>	<input type="checkbox"/> <b>Under 50kg</b>	<input type="checkbox"/> <b>50-60kg</b>	<input type="checkbox"/> <b>60-70kg</b>
		<input type="checkbox"/> <b>70-80kg</b>	<input type="checkbox"/> <b>80-90kg</b>
			<input type="checkbox"/> <b>90kg +</b>
<b>Age Division – 18 Years &amp; over only</b>		<b>Number of tiles required: (      )</b> <b>Taekwondo NSW to provide all tiles @ \$3 per tile</b>	

<b>Kyukpa Competitors MUST provide their own BOARD HOLDERS. A time limit of 2 minutes will apply for setting up AND completing the discipline. Penalties will apply for excess time. Board holders MUST be registered Taekwondo Australia members or insured international competitors.</b>
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<input type="checkbox"/> <b>HOSINSUL : (Self Defence)</b>	<b>Weapons are allowed</b> <b>Create own scenario</b>	<b>There is no minimum dress requirement.</b>	<b>Maximum time limit</b> <b>3 minutes</b>	<b>Number in your team:</b>  (      )
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# DECLARATION

<b>Please tick appropriate box:</b>	<b>Sparring</b>		<b>Technical</b>		<b>Both</b>
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I, the applicant, or parent or legal guardian of the applicant, hereby acknowledge and declare for myself, my heirs, executors and legal representatives that, in relation to

(STATE PLAYER/S FULL NAME/S): \_\_\_\_\_  
 (One form may be used for more than one player if the players concerned are juniors AND immediate family, otherwise separate forms are required)

1. I have been advised by the association and understand the risks of Hepatitis B and HIV infection and undertake that the above player/s will provide and use their own personal drink container and towel, each marked with their name.

2. **I have the following condition / allergy which could affect medical assessment or treatment (specify which player the condition relates to)**

3. The above player/s has/have not knowingly used any drugs or substances for the purpose of enhancing performance and I acknowledge that they may be tested at any time by the Australian Sports Drugs Agency (prohibited substances include anabolic steroids, beta-blockers, stimulants, such as caffeine, narcotics/analgesics, such as codeine, pseudoephedrine found in medicine for colds and flu, and diuretics) – refer DRUGS HOTLINE: 1800 020 506.

I GIVE PERMISSION FOR DRUG TESTING TO BE UNDERTAKEN BY ASDA in relation to the above player/s in terms of recognized testing standards, should the above player/s be selected for testing.

4. In the event of any illness and/or accident, I hereby authorise and direct the association and/or its authorised representatives to seek and obtain all necessary medical and/or surgical treatment as may be required and I accept the responsibility for payment and/or reimbursement of all medical expenses incurred on my behalf by the association.

5. I undertake that I/the above player/s will observe all regulation and by-laws of the association and shall comply with all reasonable directions and decisions of its officials and instructors.

6. I hereby acknowledge that a condition of entry to the event is that I will indemnify and keep indemnified the association, its committees, trustees, servants, agents, instructors or members against any liability arising from my participation in the event or from any pre-event training and preparation or other activity related to the event and from travel to and from the event or activities.

7. I understand that the above player/s cannot compete if they have been concussed within 30 days prior to this competition and hereby confirm that they have not been so concussed. I also confirm that, in the event that a concussion has occurred prior to that, medical clearance for participation has been obtained.

8. I acknowledge that photographs may be taken during the competition by the organisers or other persons and that I may appear in those photographs. In the event that I appear in the photographs, I authorise Taekwondo Australia and Taekwondo NSW to use and authorise use of the photographs taken at this competition for promotional purposes, including publication on the association websites. I will make no claim against Taekwondo Australia or NSW for any fee or royalty in relation to the use of the photographs.

9. I further declare that, should the above player/s be selected for a team as a result of this event:

- a) They will train at the standard expected by the appointed team officials and attend all meetings, training sessions and appointments required as a team member as directed from time to time by any official of the Association.
- b) Should they fail to meet any obligations as set out herein or fail to observe any regulation or by-law of the Association or fail to comply with any reasonable direction of any officer of the Association or shall, in the opinion of the Association, fail to satisfy any requirements or obligations of a team member, then and in the event I acknowledge that they may be dismissed from the team of the Association and I/they shall not make any claim or demand for any compensation, damages, and/or outgoings incurred by me or them.

10. Any expenses agreed to be paid on my/their behalf by the Association will be and are subject to my conduct, demeanor, performance and behavior being satisfactory in the opinion of the Association and I acknowledge that failure to fully and properly satisfy obligations hereunder may render me/them liable to refund to the Association part or all of such expenses.

I, \_\_\_\_\_ being the APPLICANT / PARENT / LEGAL GUARDIAN OF THE APPLICANT, hereby acknowledge and declare that I have read and fully understand the terms and conditions set out in the application and consent to be bound by such conditions.

Signed \_\_\_\_\_ Applicant / Parent / Legal Guardian (Circle as appropriate)

Date: \_\_\_\_\_

# Player Checklist

I have Taekwondo Australia Insurance.

My Entry Form is Correct

Taekwondo Australia Registration Number

Name

Gender

Date Of Birth

Weight

Weight Category

Belt

Signed Declaration

## Bring to the Weigh In

Taekwondo Australia Registration Card

Macquarie University Consent Form