

Taekwondo Australia NSW Inc



NEWSLETTER



3rd Issue – March 2008 Quarter

President's Message



**Welcome to the
Official Newsletter of
Taekwondo Australia NSW Inc!**

This is a free service to all Taekwondo Australia Inc members, Officials, Head Instructors, Coaches, Referees, Players, Students, Parents, Family and Friends who want to share information, publish news and

announcements or simply feature interesting stories, achievements or events.

The State Executive Council and Officials have many plans for the rest of the year and for next year and will be announcing events and programs in the Newsletter. Keep posted through the Newsletter!

If you are interested to announce or feature any stories or upcoming events, please send in your comments and photos to the State Newsletter Coordinator, Natalia Sangalang at natalias@tkdnewsw.org.au.

**Jae Young Kwak
President**

2008 NSW State Autumn Open Championships

Registration is now open for the upcoming State Championships to be held on 6 April 2008 at the State Sports Centre, Olympic Boulevard, Homebush.

Closing date for registration is on 26 March 2008.

There will be two weigh-in sessions to be conducted:

- 4:30-5:30 pm, Saturday, 5 April 2008 at Yang's Taekwondo Academy, 73 Lakemba Street, Belmore
- 7:30-8:45 am, Sunday, 6 April 2008 at the competition Venue

Coaches - you MUST have a current NCAS card to coach at tournaments with the NCAS ID to be worn during competition. **A head instructor card does not count.**

Players - you MUST have a current TAI registration card **at weigh in and on tournament day**. Any competitor not registered and insured will not be eligible to compete.

Protest/Dispute Resolution Process - refer to www.tkdnewsw.org.au for details.

Standardisation of Boards for Kyukpa (Breaking) Competition – to enforce standards across the divisions, all boards to be used for the kyukpa / breaking competitions are to be purchased from TKD NSW at \$3 per board.

Games Durations –

- Seniors & Veterans (Open Division and older)
Black Belt 3 x 2 mins
Colour Belt 2 x 2 mins
- Intermediate (12-13 years, 14-15 years, 16-17 years)
Black Belt 3 x 1.5 mins
Colour Belt 2 x 1.5 mins
- Junior (6-7 years, 8-9 years, 10-11 years)
Black Belt 3 x 1 min
Colour Belt 2 x 1 min

Upcoming NSW State Tournaments

10 August 2008 – Winter Open
9 November 2008 – Spring Open

Both tournaments will be held at the State Sports Centre, Olympic Boulevard, Home Bush.

**HAPPY NEW YEAR TO
EVERYONE IN TKD NSW!**



**We hope you all had a wonderful
break with your family and
friends during the holidays.**

State Tournament Training

TKD NSW High Performance State Coach, Jong Man Hong recently conducted two training sessions for Red Belt and Black Belt tournament players from several clubs. The first session was held at Australian Taekwondo Academy at Marrickville and the second session was held at Haktari Taekwondo Academy at Lithgow.



Photo above was taken at the Marrickville state training



Photo above was taken at the Lithgow state training

There will be no state training for the month of April due to the state tournament to be held during the month.

The next state training will be on 4 May 2008 to be held at United Pro Taekwondo at 23 / 264 - 272 Hoxton Park Road, Prestons.

Registration will open at 10:30 am for an 11:00 am start and will finish at 1:00 pm. Training fee is \$10 to be paid at registration. Participants must be in their dobok (full TKD uniform) and must bring their own protective equipment (chest protector, head gear, shin guards, arm guards, groin guard, mouth guard), gloves (optional), water/drink and kicking pads.

Head instructors are being encouraged to further support TKDNSW by hosting the state training sessions during the year. Please contact Natalia Sangalang at natalias@tkdnsw.org.au for your expression of interest.

NCAS Coaching Seminar

TKD NSW will host an Inter Club Level 1 Coaching Seminar which is open to all Red Belts and Black Belts 16 years old and over. Details of this course are as follows:

Date : Saturday, 29 March 2008
Time : 9:00am to 5:00pm
Venue : 6 Mary Street, Granville NSW
Cost : \$200 (\$110 for renewal)

This course will enable the participants to be NCAS qualified to coach players at Inter Club, State and National Championships.

TAI Membership Renewal

Reminder for all head instructors and students to renew their Taekwondo Australia memberships which cover the insurance for 2008. Application forms for head instructors are available on the TKD NSW website at www.tkdnsw.org.au.

2nd World Poomsae Championships



Australia won four Bronze medals at the last 2nd World Poomsae Championships held at Incheon, Korea from 28 October to 1 November 2007 in the following divisions:

| | |
|---------------------|--|
| Female Team 36+ yrs | Carmela Hartnett (WA), Rebecca Green (QLD) and Melissa Kenihan (VIC) |
| Female 51+ yrs | Bronwyn Butterworth (VIC) |
| Female 19-30 yrs | Kyung Eun Yang (NSW) |
| Female 41-50 yrs | Carmela Hartnett (WA) |

Congratulations to Head Coach Hyung Kook Kang, Team Manager Anne Maling, Head of Team Yong Dai Cho and the Australian Poomsae Team for a very good result at the 2nd World Poomsae Championships!

National Sports Development Program

Taekwondo Australia Inc (TAI) through the National Sports Committee has announced the implementation of a broad based High Performance Program which will work towards development of sports taekwondo from the grass roots club level to the elite level. The main objective of the program is to provide a clear structured direction and opportunities for athletes, coaches and officials who wish to enhance, progress and perform at the highest level possible for TAI. TAI will be working closely with the various state-based taekwondo organizations to implement the program in their respective states.

Coaches/Clubs which have proven success in the past for developing high performance athletes will be endorsed as the High Performance Centres. For NSW, Robert Cooley (South Coast Taekwondo Centre at Albion Park) and Marwan Hussein (United Pro Taekwondo at Liverpool) have been nominated to be the High Performance Centres.

Congratulations to the following NSW athletes who were selected to join the National Training Squad Pool:

| | | |
|-------------------|-----------------|-----------------|
| Masoud Abedini | Jay Gutierrez | Sarah Coleman |
| Gylan Al Atroushi | Hamza Jabran | Jennifer Connor |
| Yasin Ashley | Ali Khalil | Elise Dare |
| Jacob Blatch | Mohamad Korhani | Elly Greenfield |
| David Castillo | Daniel Madani | Kylie Jackson |
| Steve Choi | Hakan Manav | Rima Kanoun |
| Bshara Fram | Peter Vassily | Donna Kosta |

Congratulations also to Marwan Hussein from United Pro Taekwondo for being appointed as the National Junior Coach.

Awards and Special Recognition

TKD NSW Executive Council has recognised the following council members/officials for their valuable contribution to TKD NSW during an awards presentation when they received Plaques of Appreciation at the recent Executive Council meeting on 24 February 2008. They are from left:

- Harry Spicer – Retired Council Member
- Alex An – State Treasurer and Council Member
- Matthew Vale – Tournament Director. Web Manager and Council Member



2008 Beijing Olympics

Australia has qualified a full team of four athletes (two male and two female divisions) to the 2008 Beijing Olympics following several qualifying tournaments held last year at the World Qualifications at Manchester, United Kingdom and at the Oceania Olympic Qualifications in Noumea, New Caledonia. Congratulations to the following athletes who have successfully qualified Australia for four Olympic weight divisions and to National Head Coach, Daniel Trenton and coaching staff for a strong result:

| | |
|--------------|--------------------------|
| Ryan Carneli | Under 58kg |
| Burak Hasan | Under 68kg |
| Tina Morgan | Under 67kg |
| Amy Ash | Under 67kg and Over 67kg |

The Australian Olympic Committee has announced the final ten athletes who are now part of the selection process for the Australian Olympic Taekwondo Team. They are:

| | |
|--------------------|--------------------------|
| Ryan Carneli | Under 58kg |
| Safwan Khalil | Under 58kg |
| Terrance Fernandez | Under 58kg |
| Burak Hasan | Under 68kg |
| Daniel Janyckj | Under 68kg |
| Tina Morgan | Under 67kg |
| Katrina Iacobucci | Under 67kg and Over 67kg |
| Amy Ash | Under 67kg and Over 67kg |
| Ruth Rowe | Over 67kg |
| Carmen Marton | Over 67kg |

Their performances at training camps and at international competitions across Asia, Europe and North America over the next six months will determine their successful nomination to the Australian Olympic Team. All the best to the athletes specially to Safwan Khalil (United Pro Taekwondo) and Terrence Fernandez (Martial Arts Spirit) who are from NSW!

Update on the Governance Structure of Taekwondo Australia Inc

A large number of Taekwondo Australia Inc members have voted during the Special General Meeting in December 2007 for the adoption of the new constitution which provides for a governance structure that is acceptable to the Australian Sports Commission (ASC). The new constitution also addresses the recommendations in the ASC's Whole of Sport Review completed last year and the ASC's Governance Principles.

The new constitution was lodged with the ACT Registrar General and has now been approved. Following registration of the new constitution, six persons were confirmed as the members of the new board - Jae Young Kwak, Hassan Iskander, Adrian Hitch, Fay Shacklock, Russell Macarthur and John Gradisar. There will be three more positions in the board to be appointed progressively.

TAI is now in the process of appealing for reinstatement/recognition as the National Sports Federation for Taekwondo in Australia from the Australian Sports Commission, the Australian Olympic Committee and the World Taekwondo Federation which is so vital to club operations and grassroots participation for the sport.

Star Profile



Photo shows Rima being awarded the 2006 Elite Female Athlete of the Year by Taekwondo Australia Inc during the 2007 Australian Open National Championships in Adelaide.

RIMA KANOUN

| | | |
|-------------|---|--------------------------------|
| Profile | : | Player |
| Belt Rank | : | 2 nd Dan Black Belt |
| Age | : | 15 years old |
| Started TKD | : | 8 years old |
| Club | : | United Pro Taekwondo |
| Coach | : | Marwan Hussein |

Rima has been practicing Taekwondo for the last 7 years and is actively competing in state, national and international tournaments in her weight division of under 42 kgs. She is 15 years old and has represented Australia several times over the last three years. Among her many notable achievements are:

- Gold Medal, Australian Open National Championships, 2001-2007
- Gold Medal, Commonwealth Games, 2005
- Bronze Medal, Asian Junior Taekwondo Championships, 2007
- Bronze Medal, Youth Olympics, 2006
- Elite Female Athlete of the Year, 2006

Rima trains four days a week. Her main goal is to represent Australia in the 2012 Olympics in London. She is currently training hard for selection at the upcoming World Junior Taekwondo Championships to be held in Turkey in May 2008.

Well done and all the best Rima! TKD NSW is very proud of you!

Korea Open, World Taekwondo Festival

The Korea Open is now accepting registrations for the upcoming tournament on 1 to 6 July 2008 at Chung Joo City, South Korea. Applications to be forwarded to Interim National High Performance Manager Jodi Brown at info@evotkd.com.au. For further information, please contact National High Performance Chairman Robert Cooley at robstc@aapt.net.au. Nomination form is available on the Sports Taekwondo Page of the Taekwondo Australia website at www.taekwondoaustralia.org.au.

2008 International Events

- 26-27 January 2008, Istanbul, Turkey: European Olympic Qualification.
- 8-10 February 2008, New Orleans, USA: US Open Taekwondo Championships.
- 26-29 February 2008, Beijing, China: Olympic Test Event.
- 10-13 April 2008, Rome, Italy: European Senior Taekwondo Championships.
- 26-28 April 2008, Zheng Zhou, China: 18th Asian Taekwondo Championships.
- 8-11 May 2008, Izmir, Turkey: 7th World Junior Championships.
- 21-29 May, Seongnam, South Korea: 18th World Military Taekwondo Championships.
- 16-20 July 2008, Belgrade, Serbia: 10th World University Taekwondo Championships.
- 1-6 July 2008, Chung Joo, South Korea: Korea Open – World Taekwondo Festival.
- 8-24 August 2008, Beijing, China: Summer Olympic Games (Taekwondo Competition on 20-23 August 2008).

This Newsletter is published on behalf of Taekwondo Australia NSW Inc by State Newsletter Coordinator, Natalia Sangalang. All information were obtained from the State Executive Council and Taekwondo Australia Inc. Send in your comments or photos to natalias@tkdns.org.au.

Taekwondo Australia NSW Inc
Last Update: 3 March 2008