

Taekwondo Australia NSW Inc



NEWSLETTER



6th Issue – December 2008 Quarter

President's Message



**Welcome to the
Official Newsletter of
Taekwondo Australia NSW Inc!**

This is a free service to all Taekwondo Australia Inc members, Officials, Head Instructors, Coaches, Referees, Players, Students, Parents, Family and Friends who want to share information, publish news and

announcements or simply feature interesting stories, achievements or events.

The State Executive Council and Officials have many plans for the rest of the year and for next year and will be announcing events and programs in the Newsletter. Keep posted through the Newsletter!

If you are interested to announce or feature any stories or upcoming events, please send in your comments and photos to the State Newsletter Coordinator, Natalia Sangalang at natalias@tkdsw.org.au.

**Jae Young Kwak
President**

2008 Australian Open and National Championships



Taekwondo Australia Inc and the NSW Organising Committee have successfully conducted the 2008 Australian Open and Nationals Championships held last 4 - 6 September 2008 at the State Sports Centre, Olympic Park, Homebush Bay.

The 3-day tournament saw a record number of entries of over 2,200 which was the biggest ever assembled in any previous national championships. It was a resounding success that was unexpected given the uncertainties which stemmed from the governance issues experienced earlier in the year.

There were also competitors from international teams such as New Zealand, Malaysia, Germany, Italy, Korea and Samoa who graced the event.

The success of the tournament is attributed to the exceptional group of organisers headed by NSW Tournament Director Matthew Vale, National Tournament Director Stephen Brown, TA Chief Executive Officer Kate Eggar, Officials, Referees, Poomsae Judges and Volunteers who without their great help, support and contribution would not have made the tournament possible and successful as it was. TKD NSW and TA salute you for a job well done!

For more details of the National Championships, go to the home page of Taekwondo Australia Inc on www.taekwondoaustralia.org.au.

State Tournament Training

TKD NSW State Training Committee chaired by High Performance State Coach, Jong Man Hong has been conducting monthly state training sessions for Red Belt and Black Belt tournament players from several clubs in NSW.

The training sessions were focused on developing kyorugi techniques, speed, power, stamina, confidence, flexibility and coordination for the players. It gives them an opportunity to meet other players from different clubs and improve their skills.

The last state training session for the year was held on 12 October 2008 at Hills District Taekwondo at Unit 25, 252 New Line Road, Dural. Thank you to Sam Loiacono for the warm welcome and for hosting the training session at his dojang.

A big thanks also to all players who have attended the state training sessions throughout the year. We hope you enjoyed the training and learned new techniques. See you in 2009!



Photo above was at the Dural state training

In the aim to strengthen relationship and foster camaraderie with head instructors and players, the monthly state training sessions were held in various locations throughout NSW.

Head instructors are being encouraged to further support TKDNSW by sending their players and by hosting the state training sessions in 2009.

The 2009 State Training Programme will be managed by the new TKD NSW High Performance Coach to be elected and the State Training Committee to be formed following the TKD NSW elections in November 2008.

In the interim, for any head instructor who is interested to host upcoming state training sessions for 2009, kindly contact Natalia Sangalang for your expression of interest at 0411 448210 or natalias@tkdnsw.org.au.

TKD NSW State Executive Council Elections

TKD NSW will be having the Executive Council elections on 30 November 2008. The current voting members are as follows:

- | | |
|----------------------|------------|
| 1. Alex | An |
| 2. Asaed | Antaki |
| 3. Steven | Ashbridge |
| 4. Gordon | Blinman |
| 5. Amy | Bodziong |
| 6. Christopher Wayne | Bruce |
| 7. Dale | Bryce |
| 8. Debbie | Clarke |
| 9. Gary | Clarke |
| 10. Robert | Cooley |
| 11. Jeff | Crane |
| 12. Kelly | Dunn |
| 13. Bilal Jamil | Elmowy |
| 14. Keith | Grimson |
| 15. Ivan | Haschynski |
| 16. Jong Man | Hong |
| 17. Hassan | Iskandar |
| 18. Hyung Kook | Kang |
| 19. Jae Won | Kang |
| 20. Paul | Kim |
| 21. Yong Deuk | Kim |
| 22. Suk Woo | Ko |
| 23. Jae Young | Kwak |
| 24. Sean Soon Man | Kwon |
| 25. Seong Keun | Kwon |
| 26. Chong Won | Lee |
| 27. Rene | Leveaux |
| 28. Sam | Loiacono |
| 29. Ridvan | Manav |
| 30. Billal | Mourad |
| 31. Tony | Neave |
| 32. Issam | Obeid |
| 33. Mark | O'neil |
| 34. Lindsay | Osborne |
| 35. Woo Jin | Pak |
| 36. Byung Hoon | Park |
| 37. Won Il | Park |
| 38. Zoo Yong | Seo |
| 39. Fay | Shacklock |
| 40. Suh Hee | Sirohi |
| 41. Harry | Spicer |
| 42. Andrew | Staniforth |
| 43. Chon Suk | Suh |
| 44. Simon | Taite |
| 45. Matt | Vale |
| 46. Noel | Whitaker |
| 47. Michael | Williams |
| 48. Peter | Xenos |

49. Il Joong	Yang
50. Woo Jeon	Yang
51. Byung Gee	Yoo
52. In Cheol	Yoo

If your name does not appear in the above list, please contact TKDNSW Secretary General, Woo Jeon Yang.

Star Profile



MATTHEW VALE

Profile	:	Official, Instructor and Coach
Belt Rank	:	5 th Dan Black Belt
Age	:	34 years old
Started TKD	:	14 years old
Club	:	Kwak's Taekwondo
Instructor	:	Jae Young Kwak

Matt has been involved with the sport of Taekwondo for the last 20 years. He is a 5th Dan Black Belt and currently teaches Taekwondo in Gynea.

Over the last few years, Matt has selflessly dedicated his time and efforts in providing considerable assistance to TKD NSW and its members by organising the state tournaments in his role as the Tournament Director and by maintaining the organisation's website as Website Manager in a voluntary capacity.

He also sits in the TKD NSW Executive Council as a Councillor.

Matt tirelessly works with a supportive group of volunteers from a number of taekwondo clubs in NSW who likewise give their valuable time and energy to ensure the success of the state tournaments and recently the 2008 Australian Open and National Championships and show their commitment to the sport they have learned to love.

It is an honour for TKD NSW to give Matt Vale this much deserved accolade for all his hard work and commitment. Thank you very much Matt for all your help!

Thank you also to all the volunteers!

If anyone wants to help in any way with the tournaments as a volunteer in 2009, please contact Matt Vale at matt@tkdnew.org.au.

2008 International Events

- 26-27 January 2008, Istanbul, Turkey: European Olympic Qualification.
- 8-10 February 2008, New Orleans, USA: US Open Taekwondo Championships.
- 26-29 February 2008, Beijing, China: Olympic Test Event.
- 10-13 April 2008, Rome, Italy: European Senior Taekwondo Championships.
- 26-28 April 2008, Louyang, Henan, China: 18th Asian Taekwondo Championships.
- 8-11 May 2008, Izmir, Turkey: 7th World Junior Championships.
- 21-29 May, Seongnam, South Korea: 18th World Military Taekwondo Championships.
- 1-6 July 2008, Chung Joo, South Korea: World Taekwondo Festival - Korea Open.
- 4-11 July 2008, Muju, South Korea: 2nd World Culture Expo – Korea Open.
- 16-20 July 2008, Belgrade, Serbia: 10th World University Taekwondo Championships.
- 8-24 August 2008, Beijing, China: XXIX Summer Olympic Games (Taekwondo Competition on 20-23 August 2008).
- 25-26 October 2008, Konya, Turkey: European Team Taekwondo Championships.
- 22-23 November 2008, Winnepeg, Canada: Commonwealth Games Taekwondo Competition.
- 6-7 December 2008, Auckland, New Zealand: 2008 Oceania Taekwondo Championships
- 16-18 December 2008, Ankara, Turkey: 3rd WTF World Poomsae Taekwondo Championships

Coaching Seminar

TKD NSW hosted a coaching seminar for Red Belts and Black Belts 16 years old and over. It was held last 1 November 2008 at 6 Mary Street, Granville NSW.

This course will enable the participants to be qualified to coach players at Interclub, State and National Championships. A temporary coaching card can be arranged while waiting for the actual coaching card to be processed by TA. The current coaching card should be worn at any tournament to avoid player disqualification.

There is currently one level of coaching accreditation. All enquiries relating to Coaching Accreditation, please contact Zarko Mikulic at 0404 856460 or at ta.ncas@bigpond.com.

This Newsletter is published on behalf of Taekwondo Australia NSW Inc by State Newsletter Coordinator, Natalia Sangalang. Send in your comments or photos to natalias@tkdsw.org.au.

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