

Taekwondo Australia NSW Inc



NEWSLETTER



9th Issue – December 2010

President's Message

Welcome to the Official Newsletter of Taekwondo Australia NSW Inc!

This is a free service to all Taekwondo Australia NSW Inc members, officials, head instructors, coaches, referees, players, students, parents, family and friends who want to share information, publish news and announcements or simply feature interesting stories, achievements or events.

The State Executive Council and Officials have many plans for the rest of the year and for next year and will be announcing events and programs in the Newsletter and on the website at www.tkdnsw.org.au.

If you are interested to announce or feature any stories or upcoming events, please send in your comments and photos to the State Newsletter Coordinator, Natalia Sangalang at natalias@tkdnsw.org.au.

Woo Jeon Yang
President
Taekwondo Australia NSW Inc

2010 TKD NSW State Tournaments

21 March 2010

The first state tournament for the year was successfully held at the State Sports Centre, Sydney Olympic Park, Olympic Boulevard, Homebush last 21 March 2010.

There were 538 competitors on the day, 395 in sparring and 143 in technical events with interstate players from Victoria and ACT. Their participation made the tournament more exciting and competitive.

A welcome change with the match schedules was seen at this tournament with some black belts fighting earlier in the day as compared to all previous tournaments where the black belt matches were held in the afternoon and up to the end of the program. This initiative has been well received and will continue in future state championships.

Thank you to NSW Tournament Director, Matt Vale, volunteers, officials, referees, head instructors and the players for their support and participation at this tournament.

1 August 2010

The August state tournament served as the state selection event for coloured belts for the recent Australian Open and National Championships.

The state championships had been a success with an unprecedented 828 players who participated, 495 in sparring and 333 in technical events. This has been a record number of players in the state's history. There were interstate competitors from ACT and Queensland.

This tournament also marked the advent of the draw management system which was developed in-house and at no cost to TKD NSW. The major benefits of the system were the speed of the weigh-in, the extra information gathered for game results and the reduction of manual paper based tasks.

Another significant change was the introduction of a 5th court for sparring which greatly assisted in speeding up the matches for the day.

Thank you for the volunteers, referees, medical staff and officials who have selflessly provided their time and efforts to ensure a successful event for TKD NSW.

21 November 2010 and 12 December 2010

This is another milestone for TKD NSW with the holding of separate tournament days for the technical events and sparring competitions for the last state championships for the year. The technical competitions will be held on 21 November 2010 and the sparring competitions scheduled on 12 December 2010.

Both tournaments are to be held at the State Sports Centre Olympic Park, Olympic Boulevard, Homebush .

For the sparring competitions, we will see the introduction of the repechage system for the first time for open black belt competitors where the player who loses to the finalists will go to a separate match to compete for bronze. The aim is to give our elite athletes more game time and to reduce the pain of getting a tough draw as against the single elimination system.

The registration for the poomsae competitions will close on 17 November 2010 and 3 December 2010 for sparring competitions. Late entries will not be accepted.

2010 Australian Open and National Championships

21 – 24 October 2010

This year's Australian Open and National Championships was held over 3 ½ days from 21 – 24 October 2010 at the Australian Institute of Sport, Leverrier corner Battye Streets, Bruce ACT.

The tournament was a success. Feedbacks received from many parents, players, officials and coaches were that the tournament was very well organized, venue was excellent and volunteers were accommodating and helpful with many smiling faces seen for the duration of the events.

Congratulations to the management committee headed by Tournament Director, Stephen Brown, the TA Executive Board and Officials, ACT State representatives, Impact Taekwondo, Referees, Volunteers and everyone who contributed their time and efforts in ensuring a successful tournament.

For the second year in a row, online registration proved successful and well received. There were 1,730 Poomsae and Sparring entries this year including entries from the United States, Hong Kong, India, Samoa and New Zealand.

In addition 294 judges, referees and coaches have registered using the online registration system introduced at this tournament.

Another significant change was the black belt open sparring competitions were held on Saturday instead of the usual last day of the championships with the winners receiving the sponsor's cup.

From this year, the Taekwondo Australia Points System ("TAPS") was introduced which will provide a ranking system to identify and develop high performance Poomsae and Sparring athletes. The TAPS ranking will be available shortly on the TA website.

There were 368 NSW competitors, 261 in sparring and 107 in technical events. This was a strong contingent for this National Championships with 223 medals won, 79 of which are gold medals.

The NSW medal breakdown is as follows:

<u>Medal</u>	<u>Technical</u>	<u>Black Belt Sparring</u>	<u>Colour Belt Sparring</u>	<u>Total</u>
Gold	18	16	45	79
Silver	13	9	46	68
Bronze	11	24	41	76
Total	42	49	132	223
Participated	107	92	169	368

Results and photos for all the technical and sparring competitions are available on the Taekwondo Australia website at www.taekwondoaustralia.org.au.

TKD NSW Kyorugi State Training

10 October 2010

The last state training session was held prior to the National Championships at the Main Arena, State Sports Centre, Sydney Olympic Park, Olympic Boulevard, Homebush on 10 October 2010.

TKD NSW State Training Committee chaired by High Performance State Coach, Marwan Hussein had been conducting monthly state training sessions for Blue Belts, Red Belts and Black Belts over 10 years of age from several clubs in NSW throughout the year.

The training sessions were focused on developing kyorugi techniques, speed, power, stamina, confidence, flexibility and coordination for the players. It gives them an opportunity to meet other players from different clubs, improve their skills and undergo intensive training in sports taekwondo.

Participants must wear their dobok (TKD uniform) and must bring their own protective equipment (chest protector, head gear, shin guards, arm guards, groin guard, mouth guard), gloves (optional), water/drink and kicking pads at these sessions.

Referees are being encouraged to attend to assist in sparring matches and to further develop their skills in officiating at the state training sessions.

For upcoming state training sessions, please refer to the TKD NSW website at www.tkdnsw.org.au.

TKD NSW Poomsae Seminar

10 October 2010

TKD NSW hosted a state poomsae training to assist the players in their preparation for the recent National Championships.

The seminar was held at Yang's Taekwondo Dojang at 73 Lakemba Street, Belmore.

After School Communities Coaching Seminar

31 October 2010

A free after school communities coaching seminar was held at Yang's Taekwondo Dojang last 31 October 2010 from 10 am to 4 pm which was aimed at providing the participants the necessary skills and resources to deliver sport and other structured physical activity as part of the Playing for Life Program.

This program is designed to assist with the improvement of the kids in the community for their well being, fitness and health.

TKD NSW Coaching Seminar

6 November 2010

TKD NSW hosted a coaching seminar last 6 November 2010 at The Taekwondo College of Sydney, Unit 5, 22-24 Norman Street, Peakhurst.

This course will enable the participants to be qualified to coach players at Interclub, State and National Championships. The current coaching card should be worn at any tournament to avoid player disqualification.

There is currently one level of coaching accreditation. For all enquiries relating to Coaching Accreditation, please contact the NSW Coaching Coordinator, Milad Khalil at milokhalil@hotmail.com.

TKD NSW Referee Seminar

14 November 2010

A referee seminar will be held by TKD NSW at Western Sydney Taekwondo, Level 1, Unit 1A - 55 York Road, Penrith on 14 November 2010.

The course will be split into two sessions. The morning session will be open to all players, coaches and instructors for better understanding of competition rules. The afternoon session will be for those who want to obtain accreditation as a referee or for reaccreditation.

TKD NSW conducts several referee seminars during the year. Watch out for information on referee seminars and latest developments in the referee's page of the TKD NSW website at www.tkdnsw.org.au or contact TKD NSW Referee Board Chairman, Assaf Hobeika at blackegletkd@hotmail.com.

TKD NSW State League for Sparring

A player ranking system was introduced at the August 2010 Winter Open State Selection tournament for all Black Belt athletes over 14 years old. Split by division, the top 4 NSW athletes will be ranked A, B, C or D. A = Gold, B = Silver, C = Bronze (winner of repechage), D = player who lost to C.

The purpose of the league is to promote healthy competition amongst our athletes and encourage further development amongst the senior ranks of NSW athletes.

At every NSW State Competition, the slate will be wiped clean and all spots are up for grabs. In between competitions, rankings can shift based on both attendance and performance at State Training sessions.

There will be grey areas, such as when a division is merged, or when an interstate competitor enters a division. A discretionary decision will need to be made in these cases, but rest assured, if players achieve a black and white result, they will get the appropriate ranking.

For a list of the league ranking, please refer to the TKD NSW website www.tkdnsw.org.au.

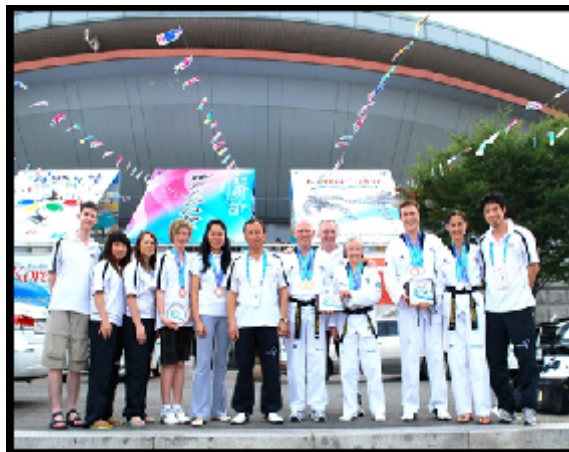
Special Awards and Recognition

- TKD NSW has acknowledged the dedication and contribution to the state organization of Grand Master Sung Soo Lee and Grand Master Ha who were awarded with Life Memberships of Taekwondo NSW at the last state championships held on 1 August 2010.



(Left to Right: Taekwondo NSW President Master Yang, Grand Master Ha, Grand Master Lee, TA President Hassan Iskandar and Taekwondo NSW Secretary General Lindsay Osborne).

- Alex Sootho from Musa Taekwondo was selected in the Taekwondo Australia Poomsae Team at the Korean Open last August 2010 and placed 5th overall in his individual event (2nd in Senior).



(TA Poomsae Team in the photo, Alex is at the extreme right).

2010 International Events

- 10-14 February 2010, Las Vegas, USA: US Open Taekwondo Championships.
- 3-4 March 2010, Tijuana, Mexico: WTF Youth Olympics Qualification Tournament.
- 6-9 March 2010, Tijuana, Mexico: WTF World Junior Championships.
- 13-14 March 2010, Hamburg, Germany: German Open.
- 19-21 March 2010, Eindhoven, Netherlands: 37th Dutch Open.
- 24-25 April 2010, Alicante, Spain: Spain Open.
- 11 May 2010, St Petersburg, Russia: 2nd WTF World Para Taekwondo Championships.
- 20-23 May 2010, Astana, Kazakhstan: Asian Taekwondo Championships.
- 29 June to 4 July 2010, Vigo, Spain: 11th World University Taekwondo Championships.
- 14-21 July 2010, Quebec, Canada: 19th World Military Taekwondo Championships.
- 17-20 July 2010, Urumqi, China: WTF World Cup Taekwondo Championships.
- 14-26 August 2010 (Taekwondo events on 15-19 August 2010), Singapore: WTF Youth Olympic Games.
- 25-26 September 2010, Manchester, United Kingdom: British International Open.
- 8-10 October 2010, Tashkent, Uzbekistan: 5th WTF World Taekwondo Poomsae Championships.
- 17-20 November 2010, Guangzhou, China: 16th Asian Games.
- 4-5 December 2010, Noumea, New Caledonia: Oceania Taekwondo Championships.
- 9-10 December 2010, Monterey, Mexico: 17th Pan American Taekwondo Championships.

This Newsletter is published on behalf of Taekwondo Australia NSW Inc by State Newsletter Coordinator, Natalia Sangalang. Send in your comments or photos to natalias@tkdsw.org.au.

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