

Taekwondo Australia NSW Inc



NEWSLETTER



6th Issue – June 2009 Quarter

President's Message

Welcome to the Official Newsletter of Taekwondo Australia NSW Inc!

This is a free service to all Taekwondo Australia NSW Inc members, officials, head instructors, coaches, referees, players, students, parents, family and friends who want to share information, publish news and announcements or simply feature interesting stories, achievements or events.

The State Executive Council and Officials have many plans for the rest of the year and for next year and will be announcing events and programs in the Newsletter and on the Website at www.tkdns.org.au.

If you are interested to announce or feature any stories or upcoming events, please send in your comments and photos to the State Newsletter Coordinator, Natalia Sangalang at natalias@tkdns.org.au.

Woo Jeon Yang
President
Taekwondo Australia NSW Inc

New TKDNSW Executive Council and Officials

Welcome to the new State Executive Council and Officials who were appointed following the last AGM Elections in November 2008:

EXECUTIVE COUNCIL

President	Woo Jeon Yang
Senior Vice President	Gordon Blinman
Vice President	Bilal Elmowy
Vice President	Issam Obeid
Secretary	Lindsay Osborne
Treasurer	Alex An
Technical Director	Suk Woo Ko
Tournament Director	Matt Vale
Councillor	Amy Bodziony
Councillor	Kelly Dunn
Councillor	Rene Leveaux
Councillor	Sam Loacono
Councillor	Ridvan Manav
Councillor	Peter Zenos
Councillor	Zoo Yong Seo

OFFICIALS

State Delegate	Ridvan Manav
Referee Chairman	Sam Loacono
Coaching Coordinator	TBA
High Performance Coach	Marwan Hussein
Team Manager	Bilal Elmowy
Assistant Team Manager	Jane McLaughlin
Newsletter Coordinator	Natalia Sangalang
Schools Coordinator	TBA
Marketing Manager	TBA
Web Manager	Matt Vale

2009 Autumn Open NSW State Tournament

5 April 2009



The state tournament was successfully held at the Sydney Olympic Park, State Sports Centre, Olympic Boulevard, Home Bush last 5 April 2009.

There were 626 competitors on the day, 393 in sparring and 233 in technical events. It is good to see an even balance of competitors in both sparring and technical events.

Thank you to the volunteers who worked tirelessly with NSW Tournament Director, Matthew Vale and State Treasurer, Alex An and to the referees and officials who without their valuable support and contribution, the state tournament would have not been possible and successful.

2009 Winter Open NSW State Tournament

9 August 2009

The State tournament is to be held at the State Sports Centre, Olympic Boulevard, Home Bush.

Registration is now open and will close on 29 July 2009. Late entries will not be accepted.

Please ensure that you are familiar with the new WTF Competition Rules for Kyorugi (Sparring). Summary of the new rules are provided in this newsletter.

This tournament will also serve as the qualifying tournament for the upcoming 2009 Australian Open and National Championships for coloured belts.

The organisers are currently looking for volunteers to help on the competition day and would really appreciate if any one can provide assistance. Please contact NSW Tournament Director, Matthew Vale on 0410 816836 or send him an email at matt@tkdnew.org.au

Coaches - you MUST have a current coaching card to coach at tournaments to be worn during competition. **A head instructor card does not count.**

Players - you MUST have a current TA registration card **at weigh in and/or on tournament day**. Any competitor not registered and insured will not be eligible to compete.

There will be two (2) weigh-in sessions at:

- Yang's Taekwondo, 73 Lakemba Road, Belmore
4:00 to 5:00 pm, Saturday, 8 August 2009
- Competition Venue
7:30 am to 8:45 am, Sunday, 9 August 2009

2009 Australian Open and National Championships

1 – 4 October 2009

1 Oct 2009 (Thursday), Black Belt Poomsae (starts at 1 pm)
All other competition dates commences at 9 am
2 Oct 2009 (Friday), Coloured Belt & Creative Poomsae
3 Oct 2009 (Saturday), Coloured Belt Kyorugi
4 Oct 2009 (Sunday), Black Belt Kyorugi

The 17th Australian Open and National Championships will be held in Brisbane at The Arena, Sleeman Sporting Complex located at corner Old Cleveland and Tilley Road, Chandler (approximately 22 minutes from Brisbane).

Weigh-in sessions will be held on 2 October 2009 for Coloured Belts and 3 October 2009 for Black Belts at the times allocated for each state and international teams.

Note for poomsae competitors, TA badge to be worn on left sleeve of dobok, no badge no competition. Black collar not allowed for Coloured Belts.

Information is available on the Taekwondo Australia newsletter which can be found on the website at www.taekwondoaustralia.org.au.

2009 Spring Open NSW State Tournament

13 December 2009

The state tournament will be held at the Sydney Olympic Park, State Sports Centre, Olympic Boulevard, Homebush. Registration will open in early November. This will be the last state tournament for the year 2009. Information will soon be available on the TKD NSW website.

New WTF Competition Rules for Kyorugi Sparring)

There has been significant amendments to the WTF competition rules for kyorugi (sparring). The new rules will be implemented at the upcoming State and National Championships so it is vital that you are informed of the changes.

A summary is provided below:

- Competition area reduced to 8 x 8 meters (page 1)
- Entering competition area with head gear tucked under the left arm to be worn after bowing to opponent before the start of the match (page 6)
- Legal scoring areas with whole head from above the collar bone including back of the head now considered a legal scoring area (page 8)
- Two (2) points to turning kicks to the trunk on the permitted areas (page 8)
- Three (3) points to kicks to the head on the permitted areas (page 8)
- Two (2) kyonggos (warning) will be awarded as one (1) additional point to the opponent (page 9)
- One (1) gamjeom (deduction) will be awarded as one (1) point to the opponent (page 9)
- Kyonggo (warning) will be given to the player when both feet crosses the boundary line (page 10)
- If no activity for five (5) seconds, Centre Referee is to command both players to fight, kyonggo (warning) to be given to both players if there is no activity after ten (10) seconds and/or kyonggo (warning) to the players moving back from the position after command to fight is given (Page 10)
- Lifting of knee as defence to block opponent's kick is now prohibited (page 10)
- Removal of 7-point gap and 12-point ceiling – winner will be declared on valid points or superiority (page 11)
- When player receives eight (8) kyonggo (warning) or four (4) gamjeom (deduction), player is automatically declared the loser (page 11)

The summary does not contain all of the amendments. It is best to refer to the Amendments to WTF Competition Rules which may be found on the TKD NSW website www.tkdnew.org.au or at the Taekwondo Australia website www.taekwondoaustralia.org.au at the About TKD section.

State Tournament Training

Welcome to Marwan Hussein as the new High Performance State Coach! Marwan will be conducting state training sessions for Red Belt and Black Belt tournament players from several clubs in NSW in the coming months. Information will be released through the TKD NSW website.

Coaching Seminar

Date : 8 August 2009, Saturday
Time : 9am to 5pm
Venue : JB's Sports Performance
5/22-24 Norman St, Peakhurst
Fee : \$200 new applicants (\$60 renewal)

This course will enable the participants to be qualified to coach players at Interclub, State and National Championships depending on their levels. Participants are to wear their dobok (taekwondo uniform) and bring writing equipment for note taking at the seminar.

Please RSVP to National Coaching Coordinator Zarko Mikulic by email: ta.ncas@bigpond.com

Closing date for registration is on 1st August 2009.

Recognition for Referee Chairman Sam Loaicono

Well done to TKD NSW Referee Chairman, Sam Loaicono for being one of five referees awarded the Best Referee commendation at the last Taekwondo World Cup held at Baku, Azerbaijan on 10-14 June 2009.

Sam Loaicono was also one of the 26 international referees for the last Beijing Olympics Taekwondo tournament.

Star Profile



ELLY GREENFIELD

Profile : Sparring Player
Belt Rank : 2nd Dan Black Belt
Age : 17 years old
Started TKD : 11 years old
Club : United Pro Taekwondo
Coach : Marwan Hussein

Elly has been practicing Taekwondo for the last 6 years and has won several state, national and international tournaments. She has represented Australia in a number of international competitions with the most recent at the 2009 US Open held in Las Vegas last February where she won Gold for Australia.

Among Elly's many achievements are:

- Gold, US Open 2009
- Gold, Korean Muju Tournament 2007
- Gold, Chuncheon Open 2006
- Bronze, Commonwealth Games 2006
- Bronze, Asian Junior Championships 2006
- National Champion (Senior), 2007
- National Champion (Junior), 2004-2007
- State Champion (Junior), 2004-2008

Elly has recently returned from Chuncheon, Korea where she competed in the Chuncheon Open. This is a very good event with over 50 countries participating. She is training hard for selection to the Australian National Team for the 2009 World Championships to be held in Copenhagen, Denmark on 14 to 18 October 2009. She hopes to compete in the 2012 London Olympics.

Elly also assists as a Junior Instructor and is a qualified Coach for United Pro Taekwondo Club.

Elly's mum, Jane McLaughlin is also an avid practitioner being a 2nd Dan Black Belt, a qualified Tournament Referee and Coach and has recently been appointed as the State's Assistant Team Manager to work closely with Bilal Elmowy.

Well done Elly! TKD NSW is very proud of you!

Blue Mountains Championships

The 2009 Blue Mountains Taekwondo Championships was held at the Lithgow Civic Ballroom on the 17 May 2009 with 130 fighters and 40 pattern competitors coming from all over NSW and ACT. Lithgow's Haktari Taekwondo Academy (HTA) hosted the competition once again with students, families & friends all chipping in to run another outstanding Taekwondo competition, which HTA has been running since 1991. Thank you to the referees and visiting clubs that attended helping to make the day such a success. Congratulations to Haktari and Head Instructor Jeff Crane!

United Pro First Sydney Tournament

Congratulations to United Pro Taekwondo Club and Head Instructor Marwan Hussein for successfully hosting its first Sydney Taekwondo Tournament last 5 July 2009 held at the Campbelltown PCYC, Minto Road, Minto. There were 160 players that participated in the tournament.

2009 Chuncheon Open

Several TKD NSW players travelled to Korea from 6-15 July 2009 to undergo taekwondo training, participate in the Chuncheon International Open in Chuncheon, Korea and tour various places of interest.

This is a very good cultural and taekwondo experience and exposure for the players and their families.

2009 International Events

- 12-15 February 2009, Las Vegas, USA: US Open Taekwondo Championships.
- 25-26 April 2009, Alicante, Spain: Spanish Taekwondo Open.
- 10-14 June 2009, Baku, Azerbaijan: World Cup.
- 1-12 July 2009, Belgrade, Serbia: World University Games.
- 3-10 July 2009, Muju, South Korea: 3rd World Taekwondo Festival and Culture Expo.
- 9-15 July 2009, Chuncheon, South Korea: 2009 Chuncheon Open International Taekwondo Championships.
- 18-22 August 2009, Incheon, Korea: Korea Open International Taekwondo Championships.
- 19-30 August 2009, Manchester, UK: British International Taekwondo Tournament.
- 23-25 September 2009, Kish Island, Iran: Asian Junior Championships.
- 14-18 October 2009, Copenhagen, Denmark: World Taekwondo Championships.
- 28-29 November 2009, Paris, France: International French Open.
- 30 November – 2 December 2009, Cairo, Egypt: 4th World Taekwondo Poomsae Championships.

- 6-8 December 2009, Hong Kong, China: East Asian Games.
- 9-12 December 2009, Vientiane, Laos: 25th South East Asian Games.

This Newsletter is published on behalf of Taekwondo Australia NSW Inc by State Newsletter Coordinator, Natalia Sangalang. Send in your comments or photos to natalias@tkdnew.org.au.

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